

Welfare Benefits &
Money Advice Worker,
Julia Slade,
is available to talk
about any benefit &
financial concerns you
have

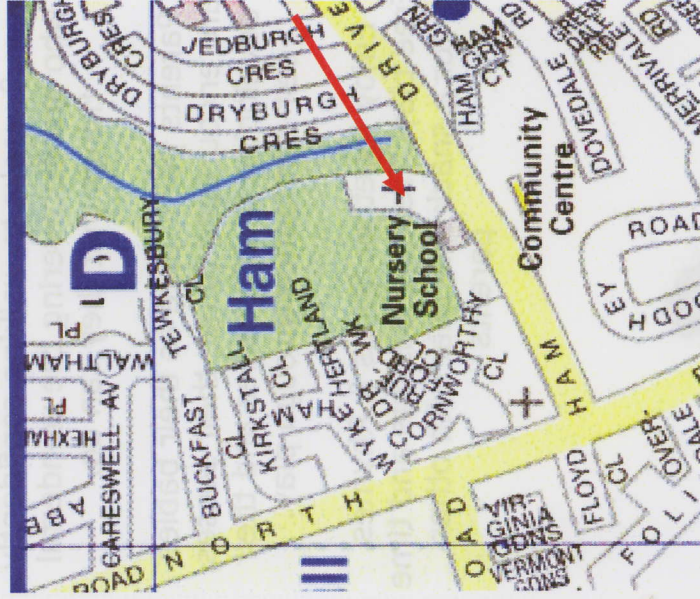
Please call 01752 213551
for an
appointment or further
information



Want to find out more?

To find out more information please
contact Reception at
LARK Children's Centre on
01752 313293

How to find us



LARK Children's Centre
99 North Prospect Road,
Plymouth PL2 2NA
01752 313293

LARK Children's Centre



Congratulations on the birth of your child!



Please find enclosed information
on services we offer that you
might find useful

Baby Massage

Wednesdays 1:30—2:45
Sure Start Community Room
Ham Drive Nursery
(Term Time)

Just had a baby or expecting one?

For new babies to sitting age

Come and have a chat and find out some information

Watch and practise baby massage

Find out how much this may benefit you and your baby

Please bring:-

Towel's
Nappy Change
Drink for baby

Please arrange childcare for older siblings



To book a place or for more information, please call Jean on 01752 434010 or

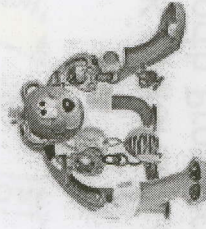
Baby Gym

Wednesdays 9:30—11:00
Sure Start Community Room
Ham Drive Nursery
(Term Time)

A session for parents and babies from 8 weeks to walking confidently, who are discovering the wonderful things that they can do.

Parents participate as their babies are encouraged to use their senses, developing their muscles and their self-confidence through play.

Enjoy together Songs & Rhymes, Free play, Treasure Baskets and time for a snack and chat with other parents



To find our more information please call Julie on 01752 510666

Baby Talk

Tuesdays 1:30—2:45
LARK Early Years Centre
Off Ham Green Lane
(Old Trelawney Library Building)

A group for parents with babies 6 months to 1 year

A time to play

A time to chat

A time to relax

For parents and their babies

Enjoy together Songs & Rhymes, Free play, Treasure Baskets and time for a snack and chat with other Parents



To find our more information please call Abi on 01752 294227