

99 North Prospect Road
North Prospect
Plymouth
PL2 2NA

LARK Children's Centre has developed from a
Trail Blazer Sure Start Project.

We were the first of the Sure Start's in Plymouth and we paved
the way for future projects.

Phone: 01752 313293
Fax: 01752 313293
E-mail: admin@lark.eclipse.co.uk

The aim of the Children Centre is to improve life chances for
families who have children up to the age of 5.



Additional Services Available at No 99, Sure Start Shop

Councillor's Surgery

Plymouth City Council

Ward Councillors

Wednesdays

11am till 1pm

No Appointment Necessary

Parent's Forum

We aim to work in partnership with
parents to offer children the best possible
start in life.

Why not come along and share your views with
us, we meet every other month on the first
Friday.

Future dates are 5th June 2009 and 7th August
2009.

Come along to the Sure Start Community
Room, Ham Drive Nursery

@
10:00-1:00

Buffet Lunch and
Activities for Children provided

Call 01752 313293 for
further information



Future Starting Dates:-

Wednesday 22nd April 2009

Wednesday 24th June 2009

Contact Julie on 01752 510666 for further information
or to book your place



Covering Ham Ward, (North Prospect & Ham)

LARK Children's Centre

LARK Children's Centre—Daycare

Cookworthy Road, Plymouth PL2 2LH
01752 213551

Elizabeth Knight, Kirsty Light and Tracey Smith

Opening Hours

Monday—Friday
8:00—5:45

Shorter Sessions are available
during this time

LARK Daycare is a 37 place setting for children
4 months to 4 years inclusive, and is
inspired by the example of Reggio Emilia,
where children are encouraged to freely
discover and represent their environment in
their own individual way.

Open 50 weeks of the Year

You can get your 5 free funded
sessions the term after they
become 3 years old and stay with
us until they are going to school

**Charges Available on Request
You could be entitled to Working Tax
Credits—Support available**

A stimulating environment with many
opportunities for children to explore,
investigate, create and discover.

LARK Children's Centre—Early Years Centre

Off Ham Green Lane, Plymouth PL2 2LS
01752 294227

Abi Davis and Kim Symons

Opening Hours

Monday	CLOSED
Tuesday	9:30 - 12:15
Wednesday	9:30 - 12:15
Thursday	CLOSED
Friday	9:30 - 12:15

Charges £3.00 per session
Reduction for Siblings

For ages 6 months to 3 years

**Bookings Need to be Made
One Week in Advance**

Activities include:

Story Time, Circle Time, Sing-a-long, Snack,
Messy Play and Craft Activities

Female Development Worker—Julie Roberts

Contact Number: 01752 510666

Is here to provide individual and group support. Julie can help you to identify and work on issues important to you. Can provide access to support workshops & groups. Works in and around the community of North Prospect running a variety of groups based on need. Is you have a special interest please give Julie a call.

Julie is also the Smoking Cessation worker, available to provided 1:1 support on your journey to stop smoking, works alongside you and your G.P. to ensure that you get all the support you need.

Pregnancy Testing available by appointment, you will need to provide your very first sample of the day.

Co-ordinator for Parent Link Workers in North Prospect, Jan & Michele are available at groups and 1:1 appointments. Areas of work include:- Welcoming new parents, Offering a listening ear, Introducing parents to groups, Accompanying parents to appointments, liaise with support services and encouraging accessibility to groups in the area. Please contact Julie for further details.

Job Broker—Tracey Best

Contact Number: 01752 512600

Here to help you if you want to go into work or look at courses and learning. If you are not sure if you would be better off going back to work Tracey can provide you with an in-work benefit calculation - this will give you all the facts and figures you need to make the right decision for you.

Services available include:

Producing C.V.'s, Assistance with application forms, Job -searching for individual client, dependant on clients needs, experience and ability, Arranging appointments with the relevant Jobcentre Plus Service i.e. New Deal for Lone Parents, New Deal for Partners, Disability Employment Advisors
Ensuring clients are receiving their full benefit entitlements
Assistance with Child Tax Credit & Working Tax Credit applications for those clients who do not fit the criteria for Jobcentre Plus services, In-work benefit calculations, Sign-posting to most appropriate training provider - dependant on clients needs, Sourcing funding for childcare and course costs if Required.

Home visits can be arranged.

Welfare Benefits & Money Worker—Julia Slade

Provides a service in North Prospect and Ham for all parents and parents to be who are experiencing money worries.

Confidential support and practical advice that is impartial & independent. Relevant information, Accompanied visits to Statutory Agencies and Home visits, if available

Help to enable you to maximise your income, i.e. check that you are receiving all the benefits that you are entitled to, help with completing grant applications and forms. Support with knowing what your priority & non-priority debts are and how to address them. Assistance with planning & maintaining your budget.

Support to make an informed choice about the options available to you and the implications involved. Help to negotiate with your creditors, i.e. bank, credit card and loan companies.

**Watch this space—NEW Groups coming after Easter!!!
Baby Gym, Keep Fit, Young Parents Course including First Aid Certificate,
plus £50 gift voucher for attendance!! Spaces limited!**

Day	Time	Activity	Location
Monday	8:00-5:45	Open	Sure Start Shop, No 99
Monday	8:00-5:45	Open	LARK Daycare
Monday	9:30-12:15	Sessional Care	LARK Early Years Centre
Monday	9:30-12:15	Sessional Care	Yours Centre
Monday	9:30-12:15	Sessional Care	Jan Cutting Healthy Living Centre
Monday	9:30-12:15	Sessional Care	North Prospect Community Centre
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* Great Expectations is a rolling 5 week program, please call 01752 313293 for dates
 ** Child Minder Messy Play Session, 2nd Wednesday of the month
 *** Baby Talk is a rolling 6 week program, please call 01752 294227 for dates